

Santa Rosa, CA  
4/30/2010  
Distance: 3.1 miles

Posted at 8:31:21 PM

### Dr. John L. McDonald Just Go! 5K - Overall Results

<u>Place</u>	<u>Div. Pl.</u>	<u>Bib#</u>	<u>Name</u>	<u>Division</u>	<u>Sex</u>	<u>Home Town</u>	<u>Time</u>	<u>Pace</u>
1	1	781	Alex Wolf-Root	20-29	M	Santa Rosa	17:00	5:29
2	1	783	Wayne Patton	30-39	M	Mill Valley	18:06	5:50
3	1	799	Andrew Williams	13&Under	M	Santa Rosa	20:25	6:35
4	1	479	Victoria Tomaszewski	13&Under	F	Windsor	20:39	6:40
5	2	810	Eliceo Cervantes	30-39	M	Graton	21:07	6:49
6	1	739	William Rogers	40-49	M	Santa Rosa	22:20	7:12
7	2	478	Sarah Tomaszewski	13&Under	F	Windsor	22:31	7:16
8	2	649	Andres Meza	13&Under	M	Windsor	23:02	7:26
9	3	760	Kaylie Gunderson	13&Under	F	Santa Rosa	23:02	7:26
10	3	725	Gregory Gagnon	13&Under	M	Windsor	23:23	7:33
11	2	658	Don Franceschi	40-49	M	Santa Rosa	23:39	7:38
12	4	471	Shannon Palladino	13&Under	F	Santa Rosa	23:44	7:39
13	1	472	Jim Parks	50-59	M	Windsor	23:47	7:40
14	1	724	Wyatt Lovett	14-19	M	Windsor	23:57	7:44
15	4	693	Lucas Andersen	13&Under	M	Santa Rosa	24:03	7:45
16	1	477	Debi Stewart	50-59	F	Santa Rosa	24:13	7:49
17	3	244	Steve Reaves	40-49	M	Point Arena	24:30	7:54
18	1	209	Kimber Hunt	20-29	F	Rohnert Park	24:44	7:59
19	5	779	Melanie Mathewson	13&Under	F	Santa Rosa	24:46	7:59
20	2	761	Noland Katter	20-29	M	Windsor	24:46	7:59
21	5	467	Austin McDonald	13&Under	M	Santa Rosa	24:56	8:03
22	6	295	Anna Demma	13&Under	F	Petaluma	25:17	8:09
23	1	556	Lisa Hilbert	40-49	F	Petaluma	25:19	8:10
24	2	218	Tiffany Ettedgui	40-49	F	Santa Rosa	25:29	8:13
25	7	427	Anika Williams	13&Under	F	Santa Rosa	25:51	8:20
26	2	624	Robin Stovall	50-59	F	Santa Rosa	25:58	8:23
27	1	439	Bruce Bowie	60-69	M	Santa Rosa	25:59	8:23
28	2	475	Travis Scott	14-19	M	Santa Rosa	26:05	8:25
29	3	457	Stephen Hoffman	14-19	M	Santa Rosa	26:08	8:26
30	4	441	Brandon Castelli	14-19	M	Santa Rosa	26:09	8:26
31	8	265	Megan Andersen	13&Under	F	Santa Rosa	26:29	8:33
32	9	305	Camille Flynn	13&Under	F	Petaluma	26:30	8:33
33	1	620	Kimberly Starke	30-39	F	Petaluma	26:30	8:33
34	3	691	Sue Andersen	40-49	F	Santa Rosa	26:31	8:33
35	3	235	Zack Nelson	30-39	M	Santa Rosa	26:51	8:40
36	10	729	Gabrielle Glaser	13&Under	F	Santa Rosa	27:04	8:44
37	2	836	Laurie Piccinini	20-29	F	Healdsburg	27:13	8:47
38	11	369	Eliza Neeley	13&Under	F	Sonoma	27:27	8:51
39	2	590	Zeke Neeley	30-39	F	Sonoma	27:29	8:52
40	6	812	Jaco Chavez	13&Under	M	Santa Rosa	27:31	8:53
41	3	698	Susan Hewlett	50-59	F	Santa Rosa	27:40	8:55
42	3	708	Uran Rraci	20-29	M	Santa Rosa	27:41	8:56
43	4	245	Sherrilyn Roth	50-59	F	Angwin	27:42	8:56
44	4	743	Vicky Binz	40-49	F	Santa Rosa	27:49	8:58
45	4	230	Eamon Keating	20-29	M	Petaluma	27:50	8:59
46	3	443	Kathleen Chapman	20-29	F	Brentwood	27:51	8:59
47	1	712	Maggie Van Weele	14-19	F	Sebastopol	27:53	9:00
48	12	699	Madison Hummel	13&Under	F	Santa Rosa	27:53	9:00
49	5	440	Cheryl Carey	40-49	F	Windsor	28:00	9:02
50	6	113	Mariya Cree	40-49	F	Santa Rosa	28:06	9:04

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51	2	450	Carly Fisher	14-19	F	Sebastopol	28:08	9:05
52	13	264	Emilia Andersen	13&Under	F	Santa Rosa	28:14	9:06
53	4	692	Nicolaj Andersen	40-49	M	Santa Rosa	28:14	9:06
54	5	709	Bob Taylor	40-49	M	Walnut Creek	28:18	9:08
55	4	465	Katie McCormick	20-29	F	Santa Rosa	28:23	9:09
56	14	395	Hailey Russell-Hockert	13&Under	F	Santa Rosa	28:24	9:10
57	15	330	Jacqueline Jones	13&Under	F	Petaluma	28:25	9:10
58	7	654	Carrie Hover	40-49	F	Santa Rosa	28:26	9:10
59	5	605	Linda Reed	50-59	F	Santa Rosa	28:26	9:10
60	6	813	Paul Stypa	40-49	M	Petaluma	28:30	9:12
61	8	586	Christine McGuinn	40-49	F	Petaluma	28:40	9:15
62	7	442	Frank Castelli	40-49	M	Santa Rosa	28:41	9:15
63	3	1000	Elisha Coddling	14-19	F	Santa Rosa	28:46	9:17
64	9	538	Leigh Galten	40-49	F	Petaluma	28:48	9:17
65	16	353	April Lu	13&Under	F	Petaluma	28:49	9:18
66	2	674	Stan Souza	50-59	M	Santa Rosa	28:59	9:21
67	6	705	Sue Reese	50-59	F	Rohnert Park	29:02	9:22
68	8	835	David Hagele	40-49	M	Healdsburg	29:04	9:23
69	17	418	Gabrielle Tuckman	13&Under	F	Santa Rosa	29:08	9:24
70	18	299	D'Ancona Dominique	13&Under	F	Cotati	29:11	9:25
71	5	555	Sara Hernandez	20-29	F	Healdsburg	29:12	9:25
72	4	766	Sarah Barker	14-19	F	Santa Rosa	29:15	9:26
73	3	832	LLOYD COOK	50-59	M	Santa Rosa	29:16	9:26
74	19	433	Anna Zoia-Buescher	13&Under	F	Santa Rosa	29:17	9:27
75	10	826	ROSE ZOIA	40-49	F	Santa Rosa	29:18	9:27
76	3	499	Gana Allen	30-39	F	Santa Rosa	29:19	9:27
77	20	321	Abby Hines	13&Under	F	Santa Rosa	29:24	9:29
78	4	557	Heather Hines	30-39	F	Santa Rosa	29:25	9:29
79	21	430	Katherine Wood	13&Under	F	Petaluma	29:25	9:29
80	11	583	Nicole Marzo	40-49	F	Petaluma	29:26	9:30
81	4	453	Jeff Heitman	50-59	M	Petaluma	29:26	9:30
82	7	786	Alex Rennie	13&Under	M	Windsor	29:27	9:30
83	5	607	Christie Rennie	30-39	F	Windsor	29:34	9:32
84	5	670	Mitch Simson	50-59	M	Windsor	29:45	9:36
85	6	460	Michelle Kreifels	30-39	F	Santa Rosa	29:45	9:36
86	4	445	Steve Clark	30-39	M	Windsor	29:45	9:36
87	22	274	Erika Brown	13&Under	F	Santa Rosa	29:50	9:37
88	7	790	CONNIE COOK	30-39	F	Sebastopol	30:02	9:41
89	6	455	Katie Hill	20-29	F	Santa Rosa	30:04	9:42
90	5	456	Josh Hill	20-29	M	Santa Rosa	30:06	9:43
91	23	424	Valerie Viramontes	13&Under	F	Santa Rosa	30:07	9:43
92	5	635	Colleen Walsh	14-19	F	Santa Rosa	30:11	9:44
93	8	645	Alison Yoder	30-39	F	Santa Rosa	30:11	9:44
94	7	764	Debbie Barker	50-59	F	Santa Rosa	30:13	9:45
95	5	765	Bryan Barker	14-19	M	Santa Rosa	30:13	9:45
96	2	226	Gig Hitao	60-69	M	Santa Rosa	30:15	9:45
97	8	234	Jill Laird	50-59	F	Occidental	30:17	9:46
98	12	483	Sharon Wiles	40-49	F	Santa Rosa	30:22	9:48
99	24	381	Abigail Poten	13&Under	F	Sebastopol	30:28	9:50
100	5	601	Daniel Poten	30-39	M	Sebastopol	30:35	9:52
101	9	844	Judy Hatfield	30-39	F	Santa Rosa	30:36	9:52
102	25	243	Eva Ratcliffe	13&Under	F	Santa Rosa	30:37	9:53
103	6	841	David Brown	50-59	M	Windsor	30:37	9:53
104	9	710	Denia Taylor	50-59	F	Walnut Creek	30:38	9:53
105	10	229	Heather Johnson	30-39	F	Santa Rosa	30:40	9:54

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106	26	377	Ibet Perez	13&Under	F	Santa Rosa	30:45	9:55
107	7	530	Angela Fallon	20-29	F	Santa Rosa	30:46	9:55
108	8	762	Teri Katter	20-29	F	Windsor	30:47	9:56
109	9	815	Stephanie Harris	20-29	F	Rohnert Park	30:49	9:56
110	11	437	Andrea Blaes	30-39	F	San Carlos	30:54	9:58
111	10	816	Rachel Dallas	20-29	F	Rohnert Park	30:55	9:58
112	7	749	Dominic Bosque	50-59	M	Santa Rosa	30:59	10:00
113	12	632	Samantha Vance	30-39	F	Santa Rosa	31:00	10:00
114	13	459	Audrey Kozel	30-39	F	Windsor	31:02	10:01
115	14	12	Jen Banks	30-39	F	Ukiah	31:09	10:03
116	13	787	Kari Young	40-49	F	Santa Rosa	31:10	10:03
117	27	376	Marissa Pendleton	13&Under	F	Sebastopol	31:10	10:03
118	11	506	Monique Bradley	20-29	F	Sebastopol	31:10	10:03
119	28	309	Carlee Geisinger	13&Under	F	Sebastopol	31:11	10:04
120	14	636	Carolyn Warren	40-49	F	Sebastopol	31:13	10:04
121	29	758	Alexa Martinez	13&Under	F	Novato	31:13	10:04
122	15	223	Jeanine Gray	30-39	F	Santa Rosa	31:22	10:07
123	8	436	Christopher Bates	50-59	M	Santa Rosa	31:27	10:09
124	16	219	Aideen Gaidmore	30-39	F	Petaluma	31:30	10:10
125	30	397	Gabi Salas	13&Under	F	Sebastopol	31:30	10:10
126	6	611	Robert Salas	30-39	M	Sebastopol	31:31	10:10
127	31	399	Natalia Sanchez	13&Under	F	Rohnert Park	31:31	10:10
128	15	642	Leslie Wolski	40-49	F	Santa Rosa	31:32	10:10
129	32	341	McGuinn Lauren	13&Under	F	Petaluma	31:32	10:10
130	16	801	JENNIFER BRAZUSKY	40-49	F	Petaluma	31:33	10:11
131	12	737	Marisa Sobecki-Engle	20-29	F	Arcata	31:33	10:11
132	13	734	Kelly Grechko	20-29	F	Santa Rosa	31:34	10:11
133	17	212	Bobby Banks	30-39	F	Ukiah	31:34	10:11
134	33	707	Michelle Reynoso	13&Under	F	Santa Rosa	31:34	10:11
135	18	540	Janeth Garcia	30-39	F	Santa Rosa	31:42	10:14
136	34	382	Eva Price	13&Under	F	Sebastopol	31:42	10:14
137	17	612	Carol Schoffer	40-49	F	Sebastopol	31:46	10:15
138	35	362	Ella McEnery	13&Under	F	Cloverdale	31:46	10:15
139	10	629	Cindy Tonascia	50-59	F	Santa Rosa	31:47	10:15
140	36	351	Lauren Lovato	13&Under	F	Santa rosa	31:49	10:16
141	14	545	Courtney Graves	20-29	F	Windsor	31:49	10:16
142	6	706	Kevin Reynolds	20-29	M	Suisun City	31:54	10:17
143	9	757	Donald Martinez	40-49	M	Novato	32:00	10:19
144	37	215	Kacie Cole	13&Under	F	Hidden Valley Lake	32:06	10:21
145	10	214	Kevin Cole	40-49	M	Hidden Valley Lake	32:07	10:22
146	3	447	Michael Dale	60-69	M	Santa Rosa	32:07	10:22
147	7	514	Juan Carrillo	20-29	M	Santa Rosa	32:08	10:22
148	38	793	EMMA LUSTENBERGER	13&Under	F	Windsor	32:12	10:23
149	11	189	STEVE LUSTENBERGER	40-49	M	Windsor	32:12	10:23
150	12	656	David Hover	40-49	M	Santa Rosa	32:13	10:24
151	39	283	Yoshibel Carrillo	13&Under	F	Santa Rosa	32:20	10:26
152	40	359	Gina Maddalena	13&Under	F	Petaluma	32:21	10:26
153	18	625	Carmina Stremmlau	40-49	F	Petaluma	32:21	10:26
154	7	227	Jim Hopkins	30-39	M	Penngrove	32:27	10:28
155	41	293	Grace Davis	13&Under	F	Petaluma	32:28	10:28
156	19	505	Sheri Berniklau	40-49	F	Petaluma	32:29	10:29
157	8	795	Jonathan Mc Kenzie	13&Under	M	Santa Rosa	32:39	10:32
158	9	837	MAZI MACONDRY	13&Under	M	Santa Rosa	32:39	10:32
159	20	728	Carol Otani	40-49	F	Petaluma	32:45	10:34
160	19	481	Denise Vranesevich	30-39	F	Rohnert Park	32:46	10:34

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161	15	435	Kelly Alexander	20-29	F	Santa Rosa	32:46	10:34
162	42	425	Amanda White	13&Under	F	Santa Rosa	32:47	10:35
163	21	572	Susan LaBlue	40-49	F	Santa Rosa	32:47	10:35
164	6	468	Mikayla Musco	14-19	F	Santa Rosa	32:48	10:35
165	22	247	Buffy Simoni	40-49	F	Sebastopol	32:50	10:35
166	10	806	Jack Littleton	13&Under	M	Santa Rosa	33:12	10:43
167	11	744	Mary Ann Tenorio	50-59	F	Rohnert Park	33:13	10:43
168	20	638	Mariko Wesley-Fagundes	30-39	F	Santa Rosa	33:16	10:44
169	43	346	Olivia Lingel	13&Under	F	Santa Rosa	33:16	10:44
170	44	387	Karime Reyna	13&Under	F	Sonoma	33:17	10:44
171	16	522	Katie Dillon	20-29	F	San Francisco	33:18	10:45
172	45	356	Lillian Lynch	13&Under	F	Petaluma	33:21	10:45
173	23	497	Penelope Adams	40-49	F	Petaluma	33:23	10:46
174	46	335	Jenna Kim	13&Under	F	Santa Rosa	33:23	10:46
175	24	575	Jennifer Letscher	40-49	F	Santa Rosa	33:26	10:47
176	25	503	Julie Barbieri	40-49	F	San Rafael	33:27	10:47
177	47	262	Ashleigh Allen	13&Under	F	Sonoma	33:31	10:49
178	48	372	Alma Ochoa	13&Under	F	Santa Rosa	33:31	10:49
179	49	301	Melissa Espana	13&Under	F	Santa Rosa	33:34	10:50
180	50	406	Halle Solon	13&Under	F	Petaluma	33:34	10:50
181	21	561	Ann Ingraham	30-39	F	Petaluma	33:34	10:50
182	51	419	Anayeli Valdez	13&Under	F	Santa Rosa	33:34	10:50
183	7	589	Michelle Nacouzi	14-19	F	Santa Rosa	33:37	10:51
184	12	462	Theresa Manchester	50-59	F	Windsor	33:50	10:55
185	52	306	Aleandra Garaventa	13&Under	F	Petaluma	33:51	10:55
186	26	526	Sandra Edmondson	40-49	F	Petaluma	33:55	10:56
187	53	415	Kelley Tillman	13&Under	F	Petaluma	33:55	10:56
188	27	548	Molly Guerra	40-49	F	Petaluma	33:56	10:57
189	28	696	Kelly Cooper	40-49	F	Sonoma	33:56	10:57
190	54	393	Lizbet Ruiz Mondragon	13&Under	F	Sonoma	33:56	10:57
191	6	652	Bradley Johnson	14-19	M	Windsor	33:58	10:57
192	13	474	Teresa Reynolds-Bates	50-59	F	Santa Rosa	33:58	10:57
193	55	411	Sophie Stypa	13&Under	F	Petaluma	33:58	10:57
194	22	584	Stephanie Matthews	30-39	F	Petaluma	34:02	10:59
195	56	431	Izabella Wunschel	13&Under	F	Petaluma	34:03	10:59
196	23	616	Kali Sklove	30-39	F	Petaluma	34:03	10:59
197	29	630	Kiyo Tukman	40-49	F	Santa Rosa	34:07	11:00
198	57	296	D'Ancona Desiree	13&Under	F	Cotati	34:17	11:04
199	24	533	Robyn Fisher-Tachouet	30-39	F	Sebastopol	34:18	11:04
200	58	313	Jacqueline Gonzalez	13&Under	F	Sonoma	34:20	11:05
201	13	789	Julio Roman	40-49	M	Sonoma	34:22	11:05
202	59	366	Kareli Molina	13&Under	F	Santa Rosa	34:22	11:05
203	8	542	Julia Gass	14-19	F	Santa Rosa	34:23	11:05
204	11	748	Tj Keith	13&Under	M	Windsor	34:23	11:05
205	14	747	Roy Reynaga	40-49	M	Santa Rosa	34:23	11:05
206	25	554	Amy Hernandez	30-39	F	Santa Rosa	34:24	11:06
207	60	333	Celina Kegerreis	13&Under	F	Santa Rosa	34:24	11:06
208	15	627	Craig Swarthout	40-49	M	Santa Rosa	34:25	11:06
209	61	413	Grace Swarthout	13&Under	F	Santa Rosa	34:25	11:06
210	17	736	Heather Steiner	20-29	F	Petaluma	34:31	11:08
211	62	319	Kylie Hieter	13&Under	F	Santa Rosa	34:32	11:08
212	26	587	Halley McKenzie	30-39	F	Santa Rosa	34:33	11:09
213	12	466	Blake McDonald	13&Under	M	Santa Rosa	34:34	11:09
214	63	365	Ariel Mixon-elrod	13&Under	F	petaluma	34:35	11:09
215	30	520	Michelle Debus	40-49	F	Petaluma	34:38	11:10

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216	64	364	Nathalia Mendoza	13&Under	F	Santa Rosa	34:38	11:10
217	27	551	Erika Hansen	30-39	F	Rohnert Park	34:42	11:12
218	28	224	Elizabeth Grooms	30-39	F	Santa Rosa	34:46	11:13
219	65	389	Rebecca Robles	13&Under	F	Petaluma	34:49	11:14
220	31	618	Jennifer Smedshammer	40-49	F	Petaluma	34:51	11:15
221	66	300	Kristen Efstathiou	13&Under	F	Petaluma	34:53	11:15
222	32	527	Phoebe Ellis	40-49	F	Petaluma	34:53	11:15
223	13	444	John Clark	13&Under	M	Windsor	35:06	11:19
224	67	267	Sarah Aronow	13&Under	F	Petaluma	35:07	11:20
225	33	516	Kathy Clarke	40-49	F	Petaluma	35:15	11:22
226	34	237	Mara Palmer	40-49	F	Santa Rosa	35:22	11:25
227	4	746	George Urdzik	60-69	M	Santa Rosa	35:25	11:25
228	68	275	Samantha Brown	13&Under	F	Santa Rosa	35:27	11:26
229	69	282	Gizela Carranza	13&Under	F	Petaluma	35:27	11:26
230	29	622	Dori Steeves	30-39	F	Rohnert Park	35:27	11:26
231	1	782	Sue Potter	60-69	F	Novato	35:31	11:27
232	70	827	KEYONI PHENIX	13&Under	F	Santa Rosa	35:33	11:28
233	35	549	Jocelyn Guite	40-49	F	Petaluma	35:33	11:28
234	18	756	Leonor Ramirez	20-29	F	Rohnert Park	35:35	11:29
235	30	469	Alison Musco	30-39	F	Santa Rosa	35:36	11:29
236	8	434	John Ahmadi	30-39	M	Windsor	35:43	11:31
237	71	269	Aliya Blinman	13&Under	F	Sonoma	35:45	11:32
238	31	599	Sarah Pingree	30-39	F	Berkeley	35:47	11:33
239	14	673	Shannon Griffith	50-59	F	Santa Rosa	35:54	11:35
240	15	602	Tonie Quigley	50-59	F	Guerneville	35:58	11:36
241	36	664	Suzanne Sanders	40-49	F	Rohnert Park	35:58	11:36
242	72	352	Kilee Lowery	13&Under	F	Santa Rosa	36:04	11:38
243	19	576	Ashley Lowery	20-29	F	Santa Rosa	36:05	11:38
244	73	339	Isabella Lansdowne	13&Under	F	Santa Rosa	36:26	11:45
245	74	368	Bryssa Navarro	13&Under	F	Sonoma	36:29	11:46
246	32	768	Jenny Hinman	30-39	F	Sonoma	36:30	11:46
247	37	735	Denise Hinton	40-49	F	Healdsburg	36:31	11:47
248	16	819	Keith Hinton	40-49	M	Healdsburg	36:31	11:47
249	38	610	Raquel Russell-Hockert	40-49	F	Santa Rosa	36:33	11:47
250	39	458	Joni Jacobs	40-49	F	Santa Rosa	36:38	11:49
251	75	429	Christina Wolf_Lee	13&Under	F	Santa Rosa	36:39	11:49
252	2	581	Suzanne Malay	60-69	F	Santa Rosa	36:39	11:49
253	33	564	Marina James-Galvin	30-39	F	Santa Rosa	36:43	11:51
254	76	278	Lupita Camberos	13&Under	F	Rohnert Park	36:43	11:51
255	77	304	Maya Flores	13&Under	F	Santa Rosa	36:45	11:51
256	78	396	Felicity Sahr	13&Under	F	Santa Rosa	36:45	11:51
257	79	331	Nicole Jurek	13&Under	F	Petaluma	36:48	11:52
258	20	593	Tina Offenback	20-29	F	Petaluma	36:48	11:52
259	9	703	Christopher Mestuzzi	30-39	M	Santa Rosa	36:49	11:53
260	80	343	Celeste Leal	13&Under	F	Santa rosa	36:49	11:53
261	10	701	Juan Leal	30-39	M	Santa Rosa	36:49	11:53
262	40	672	Raylene Leavitt	40-49	F	Santa Rosa	36:51	11:53
263	14	650	Andrew Leavitt	13&Under	M	Santa Rosa	36:51	11:53
264	41	578	Teresa Lund	40-49	F	Santa Rosa	36:52	11:54
265	81	263	Ashley Allen	13&Under	F	Santa Rosa	36:52	11:54
266	34	713	Debbie Wallace	30-39	F	Healdsburg	36:53	11:54
267	82	291	Julianne Creedon	13&Under	F	Santa Rosa	36:54	11:54
268	42	604	Jennifer Ratcliffe	40-49	F	Santa Rosa	36:54	11:54
269	83	316	Madison Hammack	13&Under	F	Petaluma	36:54	11:54
270	43	577	Angela Lowry	40-49	F	Petaluma	36:55	11:55

## Dr. John L. McDonald Just Go! 5K - Overall Results

<u>Place</u>	<u>Div. Pl.</u>	<u>Bib#</u>	<u>Name</u>	<u>Division</u>	<u>Sex</u>	<u>Home Town</u>	<u>Time</u>	<u>Pace</u>
271	35	759	Katherine Martinez	30-39	F	Novato	37:00	11:56
272	44	529	Page Escallier	40-49	F	Santa Rosa	37:02	11:57
273	84	310	Sedona Howell	13&Under	F	Santa Rosa	37:02	11:57
274	85	390	Sophia Rorick	13&Under	F	Santa Rosa	37:02	11:57
275	45	628	Lois Tapley	40-49	F	Santa Rosa	37:03	11:57
276	86	266	Marina Armstrong	13&Under	F	Petaluma	37:06	11:58
277	36	792	Lara Knutson	30-39	F	Kenwood	37:06	11:58
278	16	461	Lynda Maher	50-59	F	Santa Rosa	37:06	11:58
279	87	294	Celestine Deguzman	13&Under	F	Santa rosa	37:08	11:59
280	46	553	Kimberly Herculson	40-49	F	Santa Rosa	37:11	12:00
281	88	378	Olivia Phelps	13&Under	F	Santa Rosa	37:14	12:01
282	9	536	Katie Frey	14-19	F	Santa Rosa	37:15	12:01
283	89	323	Jo Hoover	13&Under	F	Santa Rosa	37:19	12:02
284	47	621	Ronda Steele	40-49	F	Santa Rosa	37:20	12:03
285	48	568	Dana Jones	40-49	F	Santa Rosa	37:25	12:04
286	90	383	Sarah Rafle-Yuan	13&Under	F	Santa Rosa	37:27	12:05
287	49	500	Jackie Anderson	40-49	F	Santa Rosa	37:27	12:05
288	21	210	Kalina Allred	20-29	F	Sacramento	37:36	12:08
289	50	454	Rhonda Henicle	40-49	F	Santa Rosa	37:43	12:10
290	17	482	Cindy Weiss	50-59	F	Santa Rosa	37:50	12:12
291	37	651	Bianca Coleman	30-39	F	Santa Rosa	37:53	12:13
292	91	272	Ashely Brounstein	13&Under	F	Petaluma	37:59	12:15
293	38	619	Kelly Smith	30-39	F	Petaluma	37:59	12:15
294	92	410	Jessie Stonum	13&Under	F	Santa Rosa	38:02	12:16
295	93	317	Maya Harville	13&Under	F	Santa Rosa	38:06	12:17
296	18	523	Karen Dor	50-59	F	Santa Rosa	38:06	12:17
297	19	550	Kathleen F Hall	50-59	F	Santa Rosa	38:06	12:17
298	94	239	Allison Phipps	13&Under	F	Forestville	38:06	12:17
299	51	240	Nicki Phipps	40-49	F	Forestville	38:08	12:18
300	11	248	Melinda Waters	30-39	M	Windsor	38:10	12:19
301	8	238	Todd Pelletier	20-29	M	Windsor	38:14	12:20
302	20	603	Nancy Ramos	50-59	F	Santa Rosa	38:14	12:20
303	52	501	Tami Anderson	40-49	F	Sonoma	38:23	12:23
304	95	423	Abby Vinson	13&Under	F	Santa Rosa	38:23	12:23
305	96	785	Erica Rennie	13&Under	F	Windsor	38:27	12:24
306	22	231	Chelsea Kerr	20-29	F	Windsor	38:28	12:25
307	53	250	Natalie Young	40-49	F	Santa Rosa	38:28	12:25
308	97	318	Emma Hegenbart	13&Under	F	Petaluma	38:29	12:25
309	54	562	Trish Iribarne	40-49	F	Petaluma	38:30	12:25
310	39	825	Lynn Scholten	30-39	F	Sebastopol	38:30	12:25
311	98	370	Ali Neese	13&Under	F	Santa Rosa	38:31	12:25
312	55	662	Joyce Giammattei	40-49	F	Santa Rosa	38:31	12:25
313	99	401	Ariel Scholten	13&Under	F	Sebastopol	38:32	12:26
314	100	327	Susie Jevarian	13&Under	F	Sonoma	38:33	12:26
315	40	508	Meghan Bresnyan	30-39	F	Santa Rosa	38:37	12:27
316	101	408	Nicolette Starke	13&Under	F	Petaluma	38:44	12:30
317	41	639	Valorie Westby	30-39	F	Petaluma	38:44	12:30
318	42	543	Nichole Giacomini	30-39	F	Petaluma	38:45	12:30
319	102	273	Jordan Brounstein	13&Under	F	Petaluma	38:45	12:30
320	23	741	Jenne Arden	20-29	F	Santa Rosa	38:48	12:31
321	3	740	Cynthia Lee	60-69	F	Santa Rosa	38:48	12:31
322	103	385	Juliana Reed	13&Under	F	Petaluma	38:49	12:31
323	21	677	Victoria Thorn	50-59	F	Sebastopol	38:50	12:32
324	56	446	Jennifer Crane	40-49	F	Santa Rosa	38:53	12:33
325	57	511	Trish Caillat	40-49	F	Santa Rosa	38:53	12:33

## Dr. John L. McDonald Just Go! 5K - Overall Results

<u>Place</u>	<u>Div. Pl.</u>	<u>Bib#</u>	<u>Name</u>	<u>Division</u>	<u>Sex</u>	<u>Home Town</u>	<u>Time</u>	<u>Pace</u>
326	104	404	Kristiana Segura	13&Under	F	Santa rosa	38:54	12:33
327	22	704	Helen Patten	50-59	F	Sonoma	38:54	12:33
328	58	600	Cindy Popovich	40-49	F	Santa Rosa	38:55	12:33
329	59	585	Dina Mcgee	40-49	F	windsor	38:56	12:34
330	105	314	Audriana Guerrero	13&Under	F	Santa Rosa	38:59	12:35
331	24	515	Erika Charlebois	20-29	F	Santa Rosa	38:59	12:35
332	43	659	Hilary Devine	30-39	F	Hidden Valley Lake	39:00	12:35
333	106	380	Shelby Pontes	13&Under	F	Santa Rosa	39:06	12:37
334	107	412	Hannah Sullivan	13&Under	F	Petaluma	39:07	12:37
335	23	221	Rory Gibbens-Flores	50-59	F	Santa Rosa	39:08	12:37
336	60	504	Gretchen Barry	40-49	F	Rohnert Park	39:11	12:38
337	61	805	Suzie Babala	40-49	F	Petaluma	39:11	12:38
338	108	268	Segen Asgedom	13&Under	F	Santa Rosa	39:12	12:39
339	62	580	Shelli Main	40-49	F	Santa Rosa	39:12	12:39
340	63	507	Dana Brede	40-49	F	Santa Rosa	39:13	12:39
341	109	287	Jazmin Chavez	13&Under	F	Santa Rosa	39:13	12:39
342	12	738	Cesar Chavez	30-39	M	Santa Rosa	39:17	12:40
343	110	802	Naomi Feldman	13&Under	F	Santa Rosa	39:20	12:41
344	111	803	Megan Anderson	13&Under	F	Santa Rosa	39:22	12:42
345	64	216	Debi Doble	40-49	F	Healdsburg	39:22	12:42
346	65	464	Aspen Mayers	40-49	F	Santa Rosa	39:25	12:43
347	25	726	Leslie Iannarelli	20-29	F	Santa Rosa	39:25	12:43
348	112	416	Abby Toscano	13&Under	F	Santa Rosa	39:38	12:47
349	66	547	Lisa Grossman	40-49	F	Santa Rosa	39:39	12:47
350	113	384	Jade Rarick	13&Under	F	Santa Rosa	39:40	12:48
351	44	518	Lacey Currie	30-39	F	Petaluma	39:40	12:48
352	114	375	Jada Patrick	13&Under	F	Santa Rosa	39:42	12:48
353	115	261	Natasha Aldaco	13&Under	F	Santa Rosa	39:42	12:48
354	24	623	Christyne Stieper	50-59	F	Sonoma	39:44	12:49
355	67	480	Kim Voge	40-49	F	Windsor	39:47	12:50
356	116	414	Gaowmihno Thoeun	13&Under	F	Santa Rosa	39:47	12:50
357	68	637	Wendy Waterman	40-49	F	Santa Rosa	39:54	12:52
358	10	828	Kalie Andrew	14-19	F	Santa Rosa	39:55	12:53
359	45	661	Jessica Andrew	30-39	F	Santa Rosa	39:56	12:53
360	46	695	Lynnette Brown	30-39	F	Santa Rosa	39:56	12:53
361	47	249	Leigh-Ann Wheeler	30-39	F	Santa Rosa	39:57	12:53
362	117	277	Malinda Bushey	13&Under	F	Santa Rosa	39:57	12:53
363	69	613	Kim Schroeder	40-49	F	Santa Rosa	39:59	12:54
364	118	297	Camryn Dierke	13&Under	F	Sebastopol	39:59	12:54
365	70	596	Sheri Pepper	40-49	F	Sebastopol	40:02	12:55
366	71	745	Jeanene Coleman	40-49	F	Santa Rosa	40:03	12:55
367	119	336	Mia Kiyota	13&Under	F	Santa rosa	40:12	12:58
368	9	233	Carl Kiyota	50-59	M	Santa Rosa	40:13	12:58
369	120	374	Vianny Paredes	13&Under	F	Sonoma	40:17	13:00
370	72	634	Estela Villasenor	40-49	F	Sonoma	40:17	13:00
371	121	432	Mackenzie Wuopio	13&Under	F	Santa Rosa	40:18	13:00
372	73	532	Leslie Ferrick	40-49	F	Petaluma	40:20	13:01
373	48	513	E.B. Canelis	30-39	F	Windsor	40:20	13:01
374	122	422	Brittney Vestal	13&Under	F	Santa Rosa	40:22	13:01
375	11	534	Savannah Flynn	14-19	F	Rohnert Park	40:24	13:02
376	49	470	Tosha Norris	30-39	F	Santa Rosa	40:25	13:02
377	50	448	Kelly Daniel	30-39	F	Santa Rosa	40:25	13:02
378	17	823	Jeff Hoyt	40-49	M	Santa Rosa	40:27	13:03
379	123	824	Jane Hoyte	13&Under	F	Santa Rosa	40:27	13:03
380	124	666	Makena Leavitt	13&Under	F	Santa Rosa	40:35	13:05

## Dr. John L. McDonald Just Go! 5K - Overall Results

<u>Place</u>	<u>Div. Pl.</u>	<u>Bib#</u>	<u>Name</u>	<u>Division</u>	<u>Sex</u>	<u>Home Town</u>	<u>Time</u>	<u>Pace</u>
381	1	845	Mark Leavitt		M	Santa Rosa	40:37	13:06
382	51	840	Michelle Sparks	30-39	F	Santa Rosa	40:44	13:08
383	10	839	TOM LINDHOLM	50-59	M	Grass Valley	40:45	13:09
384	25	521	Cathy Decker	50-59	F	Guerneville	40:47	13:09
385	125	271	Kaia Brem	13&Under	F	Santa Rosa	40:47	13:09
386	126	409	Isabella Steele	13&Under	F	Santa Rosa	40:52	13:11
387	26	800	Michelle Travinski	20-29	F	Santa Rosa	40:56	13:12
388	127	357	Louisa MacMullen	13&Under	F	Sebastopol	40:57	13:13
389	128	417	Ashley Trau	13&Under	F	Petaluma	41:00	13:14
390	74	539	Sandra Garaventa	40-49	F	Petaluma	41:00	13:14
391	129	315	Yerdannos Haile	13&Under	F	Santa rosa	41:03	13:15
392	75	689	Emily Rainsford	40-49	F	Santa Rosa	41:09	13:16
393	52	700	Kelley Lamke	30-39	F	Santa Rosa	41:15	13:18
394	130	328	Jasmine Jolly	13&Under	F	Santa Rosa	41:15	13:18
395	76	567	Amy Jolly	40-49	F	Santa Rosa	41:16	13:19
396	131	358	Amadi Macondry	13&Under	F	Santa Rosa	41:16	13:19
397	53	588	Brauley McNulty	30-39	F	Santa Rosa	41:42	13:27
398	77	558	Carol Hoover	40-49	F	Santa Rosa	41:50	13:30
399	54	660	Jenna Evans	30-39	F	Sebastopol	41:52	13:30
400	132	347	Monica Lopez	13&Under	F	Penngrove	41:56	13:32
401	27	830	LEXI SANDONVAL	20-29	F	Petaluma	41:56	13:32
402	133	279	Selena Camberos	13&Under	F	Rohnert Park	41:58	13:32
403	78	517	Nechia Clarkson	40-49	F	Santa Rosa	41:58	13:32
404	134	270	Elinda Bolabiu	13&Under	F	Santa Rosa	42:17	13:38
405	55	598	Amber Pierce	30-39	F	Rutherford	42:18	13:39
406	135	780	MACKENZIE MATHEWSON	13&Under	F	Santa Rosa	42:31	13:43
407	136	284	Savannah Carrington	13&Under	F	Santa Rosa	42:31	13:43
408	79	606	Jacque Reid	40-49	F	Petaluma	42:32	13:43
409	13	767	Erik Bryant	30-39	M	Chico	42:32	13:43
410	137	322	Savannah Hinman	13&Under	F	Sonoma	42:32	13:43
411	56	834	TRACY HIATT	30-39	F	Jackson	42:33	13:44
412	12	644	Corina Yates	14-19	F	Sebastopol	42:36	13:45
413	57	732	Heidi Facciano	30-39	F	Santa Rosa	42:37	13:45
414	80	597	Guadalupe Perez-Cook	40-49	F	Santa Rosa	42:37	13:45
415	138	303	Jessica Favela	13&Under	F	Santa Rosa	42:39	13:45
416	28	524	Robyn Dorch	20-29	F	Santa Rosa	42:50	13:49
417	58	671	Norma Perez Herrera	30-39	F	Santa Rosa	43:14	13:57
418	59	669	Melissa Johnson	30-39	F	Windsor	43:15	13:57
419	139	286	Celeste Chavez	13&Under	F	Petaluma	43:18	13:58
420	13	818	Ericka Chavez	14-19	F	Petaluma	43:19	13:58
421	26	742	Teri Miller	50-59	F	Santa Rosa	43:19	13:58
422	140	325	Alyssa-Grace Illsley	13&Under	F	Santa Rosa	43:21	13:59
423	60	519	Kimberly Darlington	30-39	F	Santa Rosa	43:21	13:59
424	18	217	George Elliott	40-49	M	Santa Rosa	43:41	14:05
425	141	420	Veronica Vaughn-Kirk	13&Under	F	Sebastopol	43:49	14:08
426	81	537	Lisa Funke	40-49	F	Petaluma	43:51	14:09
427	142	320	Hailey Higgs	13&Under	F	Petaluma	43:51	14:09
428	27	528	Diane Ellis-Caruana	50-59	F	Petaluma	44:05	14:13
429	61	236	Jennifer Oryn	30-39	F	Petaluma	44:06	14:14
430	143	338	Kiera Lager	13&Under	F	Petaluma	44:23	14:19
431	28	646	Rebecca Yungert	50-59	F	Petaluma	44:23	14:19
432	29	232	Michelle Kerr	50-59	F	Windsor	44:35	14:23
433	144	213	Fiona Bonar	13&Under	F	Huntington Beach	44:45	14:26
434	82	591	Jaana Nieuwboer	40-49	F	Petaluma	44:46	14:26
435	4	449	Ann Facciano	60-69	F	Santa Rosa	44:51	14:28

## Dr. John L. McDonald Just Go! 5K - Overall Results

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436	145	391	Emily Rosa	13&Under	F	Petaluma	44:59	14:31
437	83	807	Nancy Sumida	40-49	F	Santa Rosa	44:59	14:31
438	19	788	KEVIN ROSA	40-49	M	Petaluma	45:00	14:31
439	146	288	Maya Chavez	13&Under	F	Santa Rosa	45:00	14:31
440	5	663	Judy Samson	60-69	F	Santa Rosa	45:00	14:31
441	84	594	Shannon Ottens	40-49	F	Santa Rosa	45:00	14:31
442	147	355	Helen Luo	13&Under	F	Santa Rosa	45:02	14:32
443	14	569	Juliana Kelm	14-19	F	Santa Rosa	45:03	14:32
444	148	326	Elizabeth Jaggie	13&Under	F	Sonoma	45:03	14:32
445	14	563	Kevin Jaggie	30-39	M	Sonoma	45:05	14:33
446	30	241	Rhoann Ponseti	50-59	F	Santa Rosa	45:07	14:33
447	11	821	Gaul Williams	50-59	M	Petaluma	45:26	14:39
448	149	428	Olivia Williams	13&Under	F	Petaluma	45:26	14:39
449	85	195	Aileen Mc namee	40-49	F	Petaluma	46:09	14:53
450	86	228	Lisa Israel	40-49	F	Santa Rosa	46:11	14:54
451	150	367	Talia Mulder	13&Under	F	Santa Rosa	46:16	14:55
452	31	719	Cynthia Goodale	50-59	F	Napa	46:18	14:56
453	87	631	Pamela Van Halsema	40-49	F	Santa Rosa	46:19	14:56
454	151	402	Michelle Sedgwick	13&Under	F	Santa Rosa	46:20	14:57
455	88	544	Tracy Goodman	40-49	F	Windsor	46:21	14:57
456	32	476	Lynn Scuri	50-59	F	Santa Rosa	46:21	14:57
457	33	473	Judy Paul	50-59	F	Sebastopol	46:21	14:57
458	34	451	Sue Gale	50-59	F	Kenwood	46:24	14:58
459	35	574	Jenny Lawrence	50-59	F	Santa Rosa	46:24	14:58
460	152	308	Lorena Garcia	13&Under	F	Santa Rosa	46:33	15:01
461	153	426	Emunah Wiggins	13&Under	F	Petaluma	46:44	15:05
462	89	808	Cynthia Jones	40-49	F	Petaluma	46:47	15:05
463	154	285	Alexis Cassidy	13&Under	F	Santa Rosa	46:55	15:08
464	29	531	Miriam Favela	20-29	F	Cotati	46:56	15:08
465	155	421	Haley Vazquez	13&Under	F	Santa rosa	47:12	15:14
466	36	592	Anne O'Donnell	50-59	F	Santa Rosa	47:13	15:14
467	156	290	Sienna Coniglio	13&Under	F	Petaluma	47:14	15:14
468	30	697	Micaela Guillen	20-29	F	Petaluma	47:15	15:15
469	15	829	Vogensen	30-39	M	Healdsburg	47:23	15:17
470	157	289	Sydnee Combs	13&Under	F	Santa rosa	47:30	15:19
471	90	665	Laura Pontes	40-49	F	Santa Rosa	47:31	15:20
472	20	667	Mark Leavitt	40-49	M	Santa Rosa	47:32	15:20
473	158	407	Emma Souza	13&Under	F	Santa Rosa	47:33	15:20
474	37	509	Lynda Burch	50-59	F	Santa Rosa	47:34	15:21
475	12	763	Richard Owens	50-59	M	Santa Rosa	47:34	15:21
476	62	211	Glennnda Anderson	30-39	F	Santa Rosa	47:35	15:21
477	38	614	Karen Seabert	50-59	F	Santa Rosa	47:38	15:22
478	159	276	Jocelyn Burger	13&Under	F	Petaluma	47:38	15:22
479	63	804	Laurie Mc Govern	30-39	F	Vacaville	47:39	15:22
480	64	546	Gopa Green	30-39	F	Santa Rosa	47:39	15:22
481	160	312	Jasmin Gonzales	13&Under	F	Santa Rosa	47:39	15:22
482	161	354	Jacknyde Lundy	13&Under	F	Santa Rosa	47:42	15:23
483	39	502	Marion Auld	50-59	F	Santa Rosa	47:47	15:25
484	40	694	Elizabeth Bortolotto	50-59	F	Santa Rosa	47:48	15:25
485	65	560	Jamie Hoyer	30-39	F	Rohnert Park	47:49	15:25
486	21	794	Gary Kalil	40-49	M	Penngrove	47:51	15:26
487	162	349	Leah Lopez-Bazan	13&Under	F	Sonoma	47:53	15:27
488	31	633	Bianka Villasenor	20-29	F	Sonoma	47:54	15:27
489	163	280	Sophie Campbell	13&Under	F	Santa Rosa	48:05	15:31
490	41	566	Martha Johnson	50-59	F	Santa Rosa	48:06	15:31

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<u>Place</u>	<u>Div. Pl.</u>	<u>Bib#</u>	<u>Name</u>	<u>Division</u>	<u>Sex</u>	<u>Home Town</u>	<u>Time</u>	<u>Pace</u>
491	164	348	Victoria Lopez	13&Under	F	Santa Rosa	48:10	15:32
492	66	552	Kjersti Hansen	30-39	F	Santa Rosa	48:10	15:32
493	165	388	Aubree Rhodes	13&Under	F	Santa Rosa	48:14	15:34
494	91	570	Lisa King	40-49	F	Rohnert Park	48:14	15:34
495	166	392	Emma Ruderman	13&Under	F	Santa Rosa	48:23	15:36
496	67	608	Kelli Ruderman	30-39	F	Santa Rosa	48:23	15:36
497	42	220	Shifra Gaman	50-59	F	Oakland	48:31	15:39
498	92	831	CHRISTINA LINDERMAN	40-49	F	Ukiah	49:00	15:48
499	43	657	Debbie Luster	50-59	F	Santa Rosa	49:05	15:50
500	22	655	Dan Wilson	40-49	M	Santa Rosa	49:05	15:50
501	167	363	Georgia McMahon	13&Under	F	Petaluma	49:15	15:53
502	68	595	Amy Pamatmat	30-39	F	Cotati	49:15	15:53
503	6	668	Maureen Minto	60-69	F	Sebastopol	49:21	15:55
504	168	329	Solana Jolly	13&Under	F	Santa Rosa	51:35	16:38
505	93	498	Cheryl Aguilar	40-49	F	Oakland	51:36	16:39
506	69	702	Anastasia Mestuzzi	30-39	F	Santa Rosa	51:53	16:44
507	44	463	Marcia Manix	50-59	F	Santa Rosa	51:53	16:44
508	169	373	Sarina Ottens	13&Under	F	Santa Rosa	51:54	16:45
509	70	525	Wendy Dunnagan	30-39	F	Santa Rosa	51:55	16:45
510	170	324	lesaya Howard	13&Under	F	Santa Rosa	52:06	16:48
511	171	340	Natalie Lasker	13&Under	F	Santa Rosa	52:10	16:50
512	94	582	Jenny Marilla	40-49	F	Santa Rosa	52:10	16:50
513	95	754	Debbie Carvalho	40-49	F	Santa Rosa	52:23	16:54
514	96	755	Leslie Graves	40-49	F	Santa Rosa	52:24	16:54
515	172	350	Mia Lopez-Bazan	13&Under	F	Sonoma	52:42	17:00
516	97	820	Amy Mc Cusker	40-49	F	Sausalito	52:43	17:00
517	173	307	Eliana Garcia	13&Under	F	Santa Rosa	52:47	17:02
518	71	541	Suzanne Garcia	30-39	F	Santa Rosa	52:48	17:02
519	45	559	Carmen Howard	50-59	F	Santa Rosa	52:49	17:02
520	98	573	Renee Labourdette	40-49	F	San Francisco	53:05	17:07
521	174	405	Alexis Singn	13&Under	F	Petaluma	53:10	17:09
522	72	641	Amy Wolff	30-39	F	Petaluma	53:10	17:09
523	175	398	Gina Salvato	13&Under	F	Petaluma	53:11	17:09
524	176	394	Erin Russell	13&Under	F	Santa Rosa	54:04	17:26
525	99	571	Tasha Krongard	40-49	F	Sebastopol	54:04	17:26
526	73	750	Emily Dunnagan	30-39	F	Santa Rosa	56:24	18:12
527	177	298	LeeAnn Diohep	13&Under	F	Santa Rosa	57:06	18:25
528	46	609	Brenda Russell	50-59	F	Santa Rosa	57:07	18:25
529	178	311	Madison Gibson	13&Under	F	Petaluma	57:10	18:26
530	179	403	Catherine Jane Seeley	13&Under	F	Santa Rosa	57:22	18:30
531	74	510	Nicole Burke	30-39	F	Santa Rosa	57:22	18:30
532	47	784	Anne Seeley	50-59	F	Santa Rosa	57:22	18:30
533	180	344	Kyra Leetz	13&Under	F	Petaluma	59:32	19:12
534	75	643	Teri Woodson	30-39	F	Windsor	59:33	19:13
535	1	838	Elsie Avalon	70&Over	F	Redondo Beach	1:00:04	19:23
536	100	814	Suzanne Eraldi	40-49	F	Santa Rosa	1:13:34	23:44